



Wasatch County School District
Human Sexuality Committee Meeting
 Monday March 16, 2026 1:30PM

Attending Parents: Julia Moss, Hannah Prusso, Lindsey Eagen, Jodi Deputy, Amada Crow, Jen Gogan
 Attending WCSD: Aubreigh Parks, Brooke Wardle, Tod Johnson, Board Member Breanne Dickerson, Trevor Wagstaff, Devin Lindley
 Invited, but Unable to Attend: Theron Gustavson, Kaitlin Day

Welcome and introductions	Curriculum Director, Tod Johnson	- Discussed reason for meeting: Yearly assurance to the State - Showed and discussed WCSD Human Sexuality Curriculum website - Human Sexuality Curriculum is directly from State Core Standards - Resource is Goodheart Willcox health and wellness education, State recommended.
Human Sexuality Curriculum Review	Wasatch County School District Nurse, Aubreigh Parks and Health Teachers	- All Human Sexuality programs are OPT IN - Curriculum taught in grades 5, 7 and 9 - Grade 5 is one hour, nurse led, on maturation, consent, body safety - Grade 7 is one-two days, health teacher instruction, more anatomy and physiology - Grade 9 is three days, health teacher instruction, STDs, abstinence-based, contraception, healthy relationships, etc. - Instruction does not cover gender identity, arousal or value standards - Question/Answer sessions are a part of all sessions - Very few students opt out; students have been very respectful; students are encouraged to talk to their parents about what they have learned - Distribution of elicited images. Everything we teach is evidence based. - Bill 281 update: New Required topics * Situational Awareness * Success Sequence: Education, employment, marriage, children * Healthy dating practices * Marriage and Parenthood * Refusal skills: concerns around consent to criminally prohibited activities and the transmission of sexually explicit images. New Timing Requirements - Twice from 8th-12th grade. (previous twice from 7th-12th grade)

		• Harmful impact of pornography: 1-2 days of curriculum. • Only divide by gender in secondary level.
Questions/Discussion/Summary	• Parent asked about resources for parents and/or students to get answers to questions <i>Nurse Aubreigh, directed them to the link on WCSD website labeled “FAQs 1”</i> • Nurse Aubreigh commented that teachers dealing with the human sexuality curriculum have State mandated training on how to present the subject matter and that students are always directed to have conversations with their parents or another safe adult. • Parent asked what a student can do if they do not have anyone at home to talk to about what they’ve learned or any questions that they may have. <i>Nurse Aubreigh said that students are told that they can speak with parents, their doctor, a counselor, the health department, and other safe adults about any questions they may have</i> • Parent asked if the website human sexuality information and links are in Spanish. <i>No. They are not. Although some of the resources have website browsers with translation capabilities tied, WCSD stand-alone pages do not. WCSD will get Spanish translations available as soon as possible.</i> • Starting next year our forms will change. • Discussed Birthrate trends • STD’s: stabilized. Syphilis is trending upwards. Watching this data. • Child sexual abuse is climbing and has been for quite a few years. This is scary data...1 in 5 children are sexually abused. • Recommendation by Aubreigh: add to our training a document “Connect to Prevent” that educates children and parents about how to protect children from sexual abuse. • Most parents liked this form and agreed it should be sent out. They can do in the way they feel best and how and what they want to discuss. • Think maybe we need some more guidelines on Media abuse. • Sextortion, Ai-imposing faces on other bodies etc. Does our district have anything that crosses over to our Digital Literacy Program. • Maybe on the form that we send home maybe clarify what is taught in our classrooms and what should be taught at home. • Peace House: Opt out is optional. • Safe websites to look for how to’s such as birth control forms.... • To talk to a counselor, we need have parent permission. • Hormonal impact of pornography on the brain and relationships with Bots. Etc. • We use Fight the New Drug: Kaitlynn’s Story-pornography addiction and working through that. • Parents suggested we send an email with multiple links to media that they can use to guide conversations.	

	• Parents suggest we add Health and Human Sexuality info in to our Digital Literacy class to help with some of the scary things that are happening right now. • One of our Health teachers say Parental consent is a huge deal from our state board and those forms have to be sent two weeks before they talk about anything. Health teachers are very open to sharing anything that Students/Parents want to talk about. • Idea to have a parent night to know how to deal with Ai and things that are actually going on with Ai and in the world and our schools. • WPN could decide to put on a parent night and Aubreigh would be happy to help facilitate some of the conversation.	
Wrap Up	Tod Johnson	• thanked everyone for participation

WCSD=Wasatch County School District

WCSD Human Sexuality Curriculum website:

<https://wasatch.edu/blog/human-sexuality/>

Fight the New Drug:

<https://fightthenewdrug.org/katelyns-story-how-porn-negatively-affected-my-feelings-of-self-worth/>

Health Curriculum: Utah State Health Standards

<https://schools.utah.gov/curr/health>

2026 Meeting Documents

https://saprea.org/wp-content/uploads/2024/02/Saprea_CO_Connect-to-Prevent_ag04.pdf