

Wasatch High School elective course descriptions for incoming freshmen students

AGRICULTURAL ELECTIVES

ANIMAL SCIENCE 1

1.0 credit

This course exposes students to a wide range of scientific principles, such as genetics, anatomy, physiology/nutrition, disease, pests, and management practices. The science processes of observation, measurement, hypothesizing, data gathering, interpretation, analysis, and application are stressed. Career opportunities and educational preparation are examined. Learning activities are varied, with classroom, laboratory, and field experiences emphasized.

AG MECHANICS 1

1.0 credit

Agricultural Mechanics 1 students will learn basic skills related to the mechanical activities involved with agricultural production and service. Instruction includes field and laboratory application of the concepts taught. Students will develop skills in the areas of working hot and cold metal, tool reconditioning, plumbing, painting, bill of materials, small gas engines, and basic welding. Emphasis will be placed on safety and proper use of tools and equipment.

NATURAL-RESOURCE SCIENCES

1.0 credit

Implements many areas of hands-on agricultural sciences such as landscape and nursery care and management, aquaculture, and conservation of natural resources.

FLORICULTURE & GREENHOUSE (.50 credit may count toward art credits)

Students will be exposed to greenhouse operations and management practices that will prepare the students to produce commercial plant species in a controlled environment and to manage commercial and experimental greenhouse operations. They will also learn the art of floral design through hands-on floral arranging activities. They will construct corsages, boutonnieres, bud vases, holiday arrangements.

BUSINESS ELECTIVES

ACCOUNTING1

.50 credit

Accounting 1 students will develop skills beginning with an understanding of the basic elements and concepts of double-entry accounting systems related to service businesses organized as a sole proprietorship. Skills include understanding of the accounting equation, analyzing business transactions, entering transactions in journals, posting to ledgers, compiling end-of-period financial statements, preparing closing entries, and managing cash.

DIGITAL MARKETING

.50 credit

Digital marketing students will prepare for the world of social media marketing. Marketing students will prepare for college and career in business and marketing fields. Areas of study include human relations, communications, buying, selling, free enterprise, entrepreneurship, advertising and promotion, finance and accounting, and management and business operations. The focus of this class is internet-based advertising.

ENTREPENEURSHIP

.50 credit

Students will gain an understanding of the marketing and management principles necessary to start and operate their own business. They will develop an awareness of the opportunities for small business ownership and develop the planning skills needed to open a small business. Students will become aware of the traits and characteristics of successful entrepreneurs. Students will gain an awareness of knowledge needed in research, planning and regulations affecting the small business and the means of financing a small business. They will understand the specific strategies of business management and marketing and the economic role of the entrepreneur in the market system. Entrepreneurship is designed for students enrolled in business and marketing education, and/or other courses, who have an interest in developing the skills, attitudes, and knowledge necessary for successful entrepreneurs.

HOSPITALITY & TOURISM CE

.50 credit

The Hospitality and Tourism course provides the student with an understanding of one of the largest industries in Utah and the world. Specific applications include marketing, promoting, and selling the product of airlines, international travel, ground transportation, cruising, hotel and lodging, restaurants, and tours. Students will learn the importance of hospitality and tourism's impact on the economy.

BUSINESS OFFICE PROFESSIONAL

.50 credit-fulfills digital literacy graduation requirement

This course applies advanced concepts and principles using word processing, spreadsheets, databases, and electronic presentation software. Students may have the opportunity to obtain a Microsoft Office Specialist industry certificate through Microsoft and Certiport per district discretion. The certification is recognized worldwide as the best method for employers to validate computer skill proficiency. Students will integrate applications learned.

INFORMATION TECHNOLOGY ELECTIVES

EXPLORING COMPUTER SCIENCE (this course satisfies the digital literacy requirement also)

.50 credit

Exploring Computer Science is designed to introduce students to the field of computer science through an exploration of engaging and accessible topics. Rather than focusing the entire course on learning particular software tools or programming languages, the course is designed to focus the conceptual ideas of computing and help students understand why certain tools or languages might be utilized to solve problems. The goal of Introduction to Computer Science is to develop in students the computational thinking practices of algorithm development, problem solving and programming within the context of problems that are relevant to the lives of today's students.

DIGITAL AUDIO

.50 credit

Introductory course designed to provide students with a comprehensive understanding of the fundamentals of digital audio production. Students will explore the principles, techniques, and tools used in creating and manipulating digital sound.

COMPUTER PROGRAMMING 1 (this course satisfies the digital literacy requirement also) .50 credit

An introductory course in computer programming/software engineering and applications. The course introduces students to the fundamentals of computer programming. Students will learn to design, code, and test their own programs while applying mathematical concepts. Teachers introduce concepts and problem-solving skills to beginning students through a programming language such as C# and Java. The second half of the year reviews and builds on the concepts introduced in the first semester. This semester introduces students to more complex data structures and their uses, including sequential files, arrays, and classes. Students will learn to create more powerful programs.

COMPUTER PROGRAMMING 2

.05 credit

This course builds on the programming 1 skills and introduces students to more complex data structures and their uses, including sequential files, arrays, and classes. Students will learn to create more powerful programs within a specific programming language.

WEB DEVELOPMENT CE (this course satisfies the digital literacy requirement also) .50 credit

Web Development is a course designed to guide students in a project-based environment in the development of up-to-date concepts and skills that are used in the development of today's websites. Students will learn the fundamentals of how the Internet works. They will learn and use the basic building blocks of the World Wide Web: HTML5 coding and Cascading Style Sheets (CSS). Students follow the steps to create a website by planning, designing, developing, deploying, and maintaining of the website projects. Students will learn and use different scripting technologies to create more dynamic and interactive websites. They will learn what it takes for a career in web development as they complete projects and create their own website(s).

FAMILY & CONSUMER SCIENCE ELECTIVES

CHILD DEVELOPMENT

.50 credit

This is a comprehensive course designed to help students understand a child's physical, intellectual, emotional, and social growth and development. Focus is given to parenting skills, positive guidance/discipline techniques, human reproduction and prenatal development information. Students will study the growth and development of newborns, infants, toddlers and preschoolers. They will also experience parenting through the use of computerized infant simulators. State Skills Certificate is available.

Note: By Utah state law, parental or guardian consent is required for a student to participate in human sexuality instruction. State policy states that instruction includes the importance of marriage and the family, abstinence from sexual activity before marriage, and fidelity after marriage. Consult the local school district on its policy regarding the teaching of human sexuality and district approved instructional materials.

CLOTHING 1

.50 credit

This course prepares students with the basic knowledge and skills needed for sewing projects/clothing construction. Students will receive instruction and hands-on experience with electronic sewing machines, sergers, small sewing tools, and pressing equipment, as well as practice sewing basic construction techniques and knowing sewing terminology and symbols. An understanding of fibers and fabric construction will also be covered. Students will complete simple projects designed to improve their sewing skills and to create an interest in sewing. State Skills Certificate is available.

INTERIOR DESIGN 1

.50 credit

This course enables students to explore their creativity in the field of interior design. Identification of the elements and principles of design are emphasized. Other topics included are furniture arrangement basics, floor plan evaluation, area planning and careers. This course will strengthen comprehension of concepts and standards outlined in Sciences, Technology, Engineering and Math (STEM) education. FCCLA may be an integral part of this course.

FOODS 1 .50 credit

This course is designed to provide students with an understanding of the basic principles of nutrition to maintain a healthy level of fitness for life. Instruction includes the selection, preparation and care of food as it relates to the food pyramid. Each of the basic nutrients (carbohydrates, proteins, fats, vitamins, minerals, and water) will be discussed. State Skill Certification is available.

FOODS 2

.50 credit

This course is designed for students to expand their knowledge of the principles of nutrition and food preparation. Attention will be given to the selection and preparation of food and personal health. Topics include nutrition throughout the life cycle, meal planning & management, meal service and etiquette, and consumerism skills. Preparation techniques will focus on salads, soups, casseroles, breads, meats, poultry and pastries. State Skill Certificate is available.

HEALTH CARE CAREER ELECTIVES

INTRO TO HEALTH SCIENCE

0.5 credit

This semester course is designed to create an awareness of career possibilities in health care and inform students of the educational options available for health science and health technology programs. Instruction includes beginning anatomy and physiology, medical terminology, medical ethics, diseases, and disorders. The course prepares students for the Medical Anatomy/Physiology course and/or for a variety of health technology programs.

MEDICAL TERMINOLOGY CE

.50 credit

-prerequisite intro to health science term 1 for 9th graders. This course helps students understand the Greek- and Latin-based language of medicine and healthcare. Emphasis is placed upon word roots, suffixes, prefixes, abbreviations, symbols, anatomical terms, and terms associated with movements of the human body. This course also stresses the proper pronunciation, spelling, and usage of medical terminology. This class is helpful to anyone considering going in the healthcare field.

SKILLED & TECHNICAL ELECTIVES

CONSTRUCTION TRADES FOUNDATION

.50 credit

This foundation course generally prepares students in basic safety, introduction to blueprint reading, intro to power tools, intro to hand tools, and intro to construction math. It includes an industry overview, what to expect on the job and specific career opportunities. It is the entry level course toward the construction pathways.

WOODS 1: WOODWORKING

.50 credit

Woods 1 is the first class in a sequence of woodworking courses that prepares an individual to apply technical knowledge and skills needed to create custom cabinets and fine furniture. Safe use of woodworking tools and machinery is stressed and the importance of producing quality work. Students will learn how to safely operate several woodworking machines, as well as build a piece of face frame furniture.

INTRODUCTION TO TV & FILM

.50 credit

This is a one semester course that is meant for students who would like a brief introduction to TV PRODUCTION. Students will receive basic instruction in the use of cameras and microphones. They will learn to use Final Cut Pro and will receive a brief introduction to DVD Studio Pro. Students will produce a variety of video projects, including a music video and at least one project of their own design. At the end of the semester, they will produce a DVD portfolio for a final project.

LAW ENFORCEMENT

.50 credit

This course prepares individuals to perform the duties of police and public security officers, including patrol and investigative activities, traffic control, crowd control, public relations, witness interviewing, evidence collection and management, court procedures and the law in general. Basic crime prevention methods, weapon and equipment operation, equipment maintenance, and other routine law enforcement responsibilities are also included. Prerequisite, none.

MOUNTAIN BIKE REPAIR

.50 credit

Absolutely no prior experience riding or fixing bikes is expected of students joining this class. You do NOT have to be on the MTB team to enroll.

Hands-on instruction in all aspects of bicycle repair and maintenance. Students will understand, troubleshoot, and perform repairs on all bicycle component systems. In-depth instruction in the history, design, and technical innovations that have made modern bicycles what they are. Emphasis on creating and maintaining a positive and disciplined shop environment, including responsible tool use, organization, cleanliness, cooperation, and customer service. Students will have the opportunity to work on their own bikes (or their parents', neighbors', and friends' bikes) in our extremely well-equipped classroom shop.

INTRODUCTION TO DRONES CE

.50 credit

Students will learn the tools, skills, and mindset needed to build and safely fly drones for recreation.

AI LITERACY: ARTIFICIAL INTELLIGENCE

.50 credit

Explore the power of Artificial Intelligence (AI) with practical tools and skills designed to simplify and enhance your everyday life. In this project-based course, students will explore a wide range of AI applications, from addressing everyday challenges and enhancing productivity to experimenting with creative projects in art, music, and writing. Through real-world scenarios, collaborative projects, and discussions, students will learn to leverage AI as a tool for creativity, problem-solving, and analytical thinking while gaining practical skills to tackle meaningful tasks. The course also emphasizes the ethical and responsible use of AI, providing students with foundational knowledge of how AI works and its impact on society, while preparing participants for a future where AI literacy is essential. No prior experience is required—just curiosity and a willingness to learn!

ENGINEERING

INTRODUCTION TO ENGINEERING & TECHNICAL DESIGN .50 credit

An introductory course to explore engineering and technical design solutions using critical thinking in Science, Technology, Engineering & Mathematics (STEM). Includes: Design Professions & Teams using the Engineering Design Process, Documenting the Design Process through Sketching & the Engineering Notebook, Design Measuring, Design Visualization, Geometric Construction & Computer Aided Design (CAD), Assembly Drawings & Fasteners, Multiview Drawings, Dimensioning & Tolerancing, and Presentation of a Final Team Design Project. This is the prerequisite for Technical Design 2.

ARCHITECTURE DESIGN 1 CE

.50 credit

Concurrent Enrollment: UVU EGDT1020, 3D Architectural Modeling
Architectural design and production with an emphasis on best practices in 3D Building
Information Modeling (BIM), drafting, and documentation. Instruction in basic residential design including spatial layout, current trends, construction methods, and building codes. By the end of the class, students will produce complete construction documents for a residential project in industry-standard software (Autodesk REVIT and/or Graphisoft ArchiCAD).

ARCHITECTURE DESIGN 2

.50 credit

A continuation of Architectural Design 1 with heavier focus on design principles, presentation graphics, and architectural history and theory. This class is designed to simulate and prepare students for a university design studio program. Advanced instruction in Building Information Modeling (BIM) using REVIT/ArchiCAD, and in presentation graphics using Adobe Photoshop and Illustrator. By the end of the class, students will have designed, documented, and presented a larger-scale project of their own design

ROBOTICS 1

.50 credit

No prior experience necessary! Introduction to the design, construction, and programming of robotic devices using VEX as the primary teaching medium. This class is designed for students who are interested in engineering, design, electronics, programming, and tinkering. Foundational preparation for any student interested in participating and competing with the WHS Robotics team. Instruction in mechanical principles of torque, power, gear ratios, and mechanical advantage. Light on math and heavy on fun.

Robotics 2

.50 credit

The second in a sequence of courses that prepares individuals with a lab-based, hands-on curriculum combining electrical, mechanical, and engineering principles. Students will learn to design, build, program, and control robotic devices. A rigorous study and application of basic electronic components, sensors, and actuators. Engineering concepts will include mechanical design, prototype development, design testing, programming, and proper engineer documentation.

EDUCATION

TEACHING AS A PROFESSION 1

.50 credit

How do you individually learn? How is that different than those around you? And how can we, as a society, structure learning to influence change? This course will help you explore careers in education and discuss current educational issues. This course leads to a college pathway to explore being a teacher at any level.

PEER TUTORING

.50 credit

Students will assist with our special needs students, with instructor guidance. Attendance and the ability to help others is a must for this course! Only mature students may request this course.

FINE ARTS ELECTIVES

PERFORMING ARTS

LADIES' CHOIR

.5 / 1.0 Credit

This course offers young women the opportunity to develop musical potential through singing in a choral ensemble. Students will develop healthy vocal technique, cultivate beautiful tone, and learn to read music with increasing fluency so that they will have the skills to enjoy participation in choral ensembles throughout their lives. Over the course of the semester, students will perform music in various styles and languages and will work to achieve choral blend. Students will perform in concert. Prior choral and/or musical experience is strongly recommended.

MEN'S CHOIR

.5 / 1.0 credit

This course offers young men the opportunity to develop musical potential through singing in a choral ensemble. Students will develop healthy vocal technique, cultivate beautiful tone, and learn to read music with increasing fluency so that they will have the skills to enjoy participation in choral ensembles throughout their lives. Over the course of the semester, students will perform music in various styles and languages and will work to achieve choral blend. Students will perform in concert. Prior choral and/or musical experience is strongly recommended.

A.M. BELL CHOIR (teacher permission)

1.0 credit

This choir is a select group of ten or eleven musicians who perform using English handbells. Students will work to develop excellent technique, musicality, and sense of ensemble. Members of this group should be prepared to perform in at least three concerts during the school year as well as at various community events.

A.M. JAZZ BAND (by approval only)

1.0 credit

Prerequisite: proficiency on instrument; Trumpets, Trombones, Saxophones, and rhythm (bass, piano, guitar, drum set) instrumental musicians will learn to swing and play other jazz, funk, rock, and Latin styles. Students will learn jazz history, jazz theory, and improvisation. Practice is expected and private lessons are strongly encouraged. Jazz band festivals, various performances, concerts, and practice are requirements outside of class time.

CONCERT BAND

1.0 credit

Prerequisite- 2 years of previous instrumental instruction, or instructor approval In this instrumental wind band, musicians will continue to develop proper technique, express musicianship, further theoretical knowledge, and deepen their understanding of music history through recordings and articles. Scales and exercises are learned and practiced, and grade 3-4.5 music is read and perfected. Practice is required and private lessons are encouraged. Concert band festivals, solo and ensemble festivals, and concerts are requirements which occur outside class time.

SYMPHONIC BAND

1.0 credit (by audition only) Advanced performance and competition group.

PERCUSSION 1

1.0 credit

Prerequisite- 1 year of middle school percussion ensemble, or 1 year of private percussion and/or piano lessons.

Students will learn proper stick technique, rudiments, scales, and note reading. Students will be required to learn pitched mallet instruments including xylophone, marimba, and vibraphone, and will learn unpitched instruments including snare drum, cymbals, drum set, and various auxiliary percussion. Percussion ensemble students will accompany wind bands on all concerts. Practice, concerts, and festivals are requirements that occur outside of class time. Private lessons are encouraged.

PERCUSSION 2

1.0 credit

Advanced percussion with teacher approval needed.

GUITAR 1

.50 credit

Students will learn basic chord shapes, will learn to note read, and will learn tablature. Students will be exposed to different music styles including folk, classical, rock, pop, and jazz. Students will perform in small groups and alone. Students are required to provide their own acoustic guitar.

GUITAR 2

.50 credit.

Prerequisite-Guitar 1, or middle school class guitar, or 1 yr. private lessons
This class is a continuation of Guitar 1 emphasizing technique, alternative chord shapes, and bared chords. Students will study music history surrounding the music they will learn in class. Students will arrange music and will advance their note reading ability. Students will be required to perform alone and in ensembles.

SYMPHONIC ORCHESTRA

1.0 credit

Prerequisite – 2 years of previous instrumental instruction or instructor approval In this orchestra ensemble, musicians will continue to develop proper technique, express musicianship, and further theoretical knowledge. Scales and exercises are learned and practiced, and grade 3-4.5 music is read and perfected. Practice is required and private lessons are encouraged. Orchestra festivals, solo and ensemble festivals, and concerts are requirements which occur outside class time.

CHAMBER ORCHESTRA (audition required)

1.0 credit

In this ensemble the focus will be on the more intricate parts of musicianship and creating music. More complex music theory concepts will be discussed and played while grade level 4, 5, and 6 music is performed and perfected. Though private lessons are not required they are highly encouraged. Region and state orchestra festivals, region and state solo and ensemble festivals, and quarterly concerts are required events that will take place outside of the normally allotted class time. There may also be additional rehearsals and performance opportunities required throughout the year. Auditions will occur in May. For audition materials contact Mr. Ryska.

THEATER 1

.50 credit

This course introduces students to fundamental knowledge and skills for performance and design. Students will explore pantomime, improvisation, elements of production design, individual and ensemble performance, and dramatic literature.

THEATER 2 ACTING INTENSIVE

.50 credit

Prerequisite: THEATRE 1. This course expands the skill and versatility of the actor through a study of theatre history, characterization methods, acting and directing theory, and musical theatre. This class is designed for students who have a serious interest in performance.

THEATER 2 IMPROVISATION

.50 credit

Prerequisite: THEATRE 1. This course refines improvisations basics with an emphasis on collaboration and team building. Students expand improvisation repertoire and develop problem-solving and conflict resolution skills. Improvisation study includes collaboration with professional performing artists.

MUSICAL THEATRE

.50 credit

Musical Theatre is designed to provide students with focused study in the essential elements of voice, character, and movement. Students will explore the rich historical and cultural significance of musical theatre, learn about the collaborative nature of musical theatre production, and develop their skills in acting, singing, and dancing. Full participation in all rehearsals and performances is required, including outside of class time.

STAGE CREW

1.0 credit

Prerequisite: Theater 1 or instructor approval Students in Technical Theatre develop knowledge and skills in design and management of set construction, theatrical lighting, sound, special effects for school and community events. Participation in co-curricular projects is required.

DANCE 1

.50 credit

Dance 1 is a beginning level dance class; no prerequisite. Students will develop a foundation in the skills of technique, strength, flexibility, alignment, coordination, and performance qualities (focus, confidence, artistic intent). They will have the opportunity to explore various genres of movement as well as incorporate the elements of dance (space, time, energy and meaning) to create their own work to perform at our dance concert. This course counts for elective PE or art credit.

DANCE 2

.50 credit

Dance 2 is an intermediate level dance class; Dance 1 is highly recommended but not a prerequisite. Students will further develop a foundation in the skills of technique, strength, flexibility, alignment, coordination, and performance qualities (focus, confidence, artistic intent). They will have the opportunity to explore various genres of movement as well as incorporate the elements of dance (space, time, energy and meaning) to create their own work to perform at our dance concert. This course counts for elective PE or Art credit.

DANCE 3

1.0 credit

(by instructor approval only)

Dance 3 is an advanced level dance class; instructor permission is required. Students will continue to develop the skills of technique, strength, flexibility, alignment, coordination, and performance qualities (focus, confidence, artistic intent). They will have the opportunity to explore various genres of movement as well as incorporate the elements of dance (space, time, energy and meaning) to create their own work to perform at our dance concert. Dance 3 students will have multiple opportunities to perform. This course counts for elective PE or art credit.

DANCE COMPANY (by audition only)

1.0 credit

Dance Company is a performing group; It is an advanced course covering instruction in all aspects of producing and performing a dance production such as: choreography, costume design and selection, music selection, perfection of the program, teaching dance, arts appreciation, advanced technique, etc. Dance Company performs at school assemblies, half-times, all dance concerts and any other opportunities we can find. This course counts as elective PE or Art credit.

SOCIAL DANCE 1

.50 credit

Social Dance 1 is a beginning level class, no prerequisite. This course will teach the basics of line dance and folk dance. We will also learn proper etiquette and styling for ballroom dances such as: basic waltz, foxtrot, swing, cha-cha, samba, tango, and more. Students will perform at the end of the semester dance concert. This course counts as elective PE or Art credit.

VISUAL ARTS ELECTIVES

ART FOUNDATIONS

.50 credit

This is a semester course that emphasizes the elements and principles of design. Students will gain knowledge through assorted mediums to create compositions that exhibit knowledge and creativity of basic art techniques. Students will be introduced to an individual approach to problem solving as well as creative solutions for artistic challenges. (This class fulfills the prerequisite requirement for all other visual arts classes including Drawing, Interior Design, Global Art, Painting, Jewelry, Sculpture, Pottery, Photography, and Graphic Design). Sketchbook required.

DRAWING

.50 credit

Prerequisites: Foundations of Art

This drawing course builds on student's skills from Foundations of Art. The Elements and Principles of Art are the focus of drawing technique and creativity. This class is designed for a motivated student who wants to improve their drawing skills. Students will be exploring the use of drawing pencils, ink pens, and colored pencils. Projects will include drawing from reference materials as well as observational drawing. Sketchbook must be purchased for course.

JEWELRY

.50 credit

Prerequisite: Foundations of Art

This is a semester class which will instruct students in the design and construction of jewelry and useful objects from silver, brass, Nickle and copper. Skills covered in the first quarter will include: cutting, piercing, soldering, applique, and ring construction. The second quarter will include advanced design and construction with the opportunity to construct chains, set stones and explore other projects of choice.

POTTERY

.50 credit

Prerequisite: Foundations of Art.

Students will learn and utilize various construction methods including slab, coil, pinch, use of molds and wheel throwing to complete at least 20 pieces. Assignments include both functional and decorative pieces, incorporating design elements and principles.

ADVANCED POTTERY

.50 credit

Prerequisite: Foundations of Art, Pottery

Students will explore techniques used in beginning pottery to achieve a higher mastery of skills. Students will learn what it takes to become a professional ceramic artist in multiple disciplines while given more freedom to gain a mastery over areas of choice. New skills students will discover include, mold making, firing techniques, and closer looks into the lives of professional potters/artist.

DIGITAL PHOTOGRAPHY 1

.50 credit

This is a beginning photo class that will explore the digital process from taking digital images to printing and correcting them. Students will learn digital camera functions and icons. Photoshop will be taught, and students will use this software to manipulate and prepare their final prints. Students will be expected to creatively solve photographic problems and need to be motivated to put in the time necessary to learn the curriculum. Students need to have all digital camera.

DIGITAL PHOTOGRAPHY 2

.50 credit

Prerequisite: Digital photo 1. This course is designed for students who want to further enhance their photographic knowledge and abilities. It is an application of the skills learned in Photography Digital with an emphasis on professional jobs and assignments used in commercial photography. Advanced Photoshop techniques will be taught. It is expected that students will be able to find creative solutions to visual problems. Students need to be motivated to put in the time necessary to complete projects. A portfolio of student work will be expected at the end of the course.

SCULPTURE

.50 credit

Prerequisite: art foundations

This class explores the various materials used to create sculptures, which include wood, plaster, steel and stone. Students learn how to manipulate these materials and use sculpting tools safely. They analyze other works of sculpture through reading, discussion and critique and examine geometric, abstract and organic forms. This class is generally taken first in a sculpture program

PAINTING 1

.50 credit

Prerequisite: art foundations. This is an introductory course that focuses on the fundamentals of painting. Students will use watercolor, tempera, and acrylic paint. This class is structured to offer students an opportunity to further their knowledge of the principles and elements of art. They will explore composition and color theory. Technique and mixing principles are introduced on canvas boards. Students will also gain higher level thinking and problem-solving skills.

PAINTING 2

.50 credit

Prerequisite: Painting 1. This is a more advanced painting course that builds on Painting One. Students will be challenged to explore assorted painting techniques on larger and various canvases. Students will be encouraged to build on ideas from painting one with more of a risk-taking approach to technique and color mixing. Students will gain higher level thinking skills and an aesthetic approach for painting. Students will be involved in art shows and competitions.

LANGUAGE ARTS ELECTIVES

CREATIVE WRITING

0.5 credit

Creative Writing is for students who are interested in exploring a variety of creative writing outlets. We will study novels, short stories, poems, and narrative nonfiction. Our work will include reading published works by great authors (from classical to contemporary), writing, and learning to give positive and helpful feedback on others' work.

DEBATE 1

0.5 credit

Debate 1 is an introductory course designed to improve students speaking and argumentation skills. Along with argumentation and speaking skills, this course prepares students to give presentations, look at both sides of an issue, and become an expert researcher.

YOUNG ADULT LITERATURE

0.5 Credit

This class will connect students with relevant independent reading that can help answer those bigger questions and problems that students wonder about. The hope is to fan the flames of curiosity amongst students and to develop readers who will become more world-view oriented and empathetic towards others with differing views and backgrounds.

WORLD LANGUAGE ELECTIVES

SPANISH 1

1.0 credit

Spanish 1 is a full year course in which students are introduced to the Spanish language. They will learn the basics of speaking, listening comprehension, reading and writing in the target language. The course will introduce the students to basic vocabulary and language structure (e.g. verb conjugations and culture study).

SPANISH 2

1.0 credit

Prerequisite: C- or better in Spanish 1.

Spanish 2 is a full year course in continuation of Spanish 1 which broadens the study of vocabulary and structure. New grammatical concepts introduced during the year will include irregular and reflexive verbs and past tense. Students will continue practicing the language around a variety of vocabulary themes. Speaking, listening comprehension, reading, and writing in the target language are emphasized. Hispanic culture and customs are also included.

SPANISH FOR NATIVE SPEAKERS 1

1.0 credit

This course focuses on improving the reading and writing proficiency through the study of Hispanic Literature and culture. Students will study various writing styles, expand their vocabulary, and review grammar and spelling. A variety of genres and authors will be read and students will create their own compositions. This course focuses on improving the reading and writing skills of native Spanish speakers. It will also cover a review of grammar and spelling. Students will learn about the history and art of the Spanish speaking world. We will explore different types of art and learn about its significance in the Hispanic culture. We will also learn about the history of Hispanic countries like, Spain, Peru and Mexico.

SPANISH DUAL IMMERSION 5

1.0 credit

FRENCH 1

1.0 credit

This course introduces students to the French language and elements of French culture. Emphasis is on oral proficiency within the contexts of personal introductions, food and restaurants, family, descriptions of people, clothing and shopping.

JAPANESE 1

1.0 credit

This course gives students a strong foundation in Japanese. Emphasis will be placed on oral communication skills, listening and speaking. Reading and writing skills will also be developed using the hiragana and katakana syllabaries. Some kanji will be introduced. Various aspects of Japanese customs, culture, history, and geography are also addressed.

AMERICAN SIGN LANGUAGE 1

1.0 credit

OTHER ELECTIVES

STUDENT GOVERNMENT (by election only)
1.0 credit

LATINOS IN ACTION (by application only)
1.0 credit

DRIVER'S EDUCATION

.50 credit

Must be 15 by Dec. 1st of freshman year to take this course 2nd semester.

IMPACT

.50 credit

We will discuss the importance of cognitive development in one's ability to perform at their highest level in competition. In this class we will learn the following: Goal setting, Mindset: Growth vs Fixed, Imagery and performance planning, Concentration, and attention to control strategies, Development of self-confidence, self-esteem, competence in performing, Cognitive-behavioral and self-regulation techniques, Emotion management, Motivation techniques, Grit, Determination, Resiliency when faced with adversity, Sportsmanship and Leadership skills. We will discuss the benefits and differences in sports and performing and how mental health techniques can contribute to the success in performing. Strategies and ways to take your performing to the next level in life.

AIR FORCE JUNIOR ROTC

1.0 Credit

The AFJROTC course has a two-part curriculum: Aerospace Science (AS) and Leadership Education (LE). Each year has a different curriculum for each AS and LE class.

Aerospace Science 220: Cultural Studies: An Introduction to Global Awareness This is a customized course about the world's cultures. The course is specifically created for the US Army, Marine Corps, Navy, and Air Force Junior ROTC programs. It introduces students to the world's cultures through the study of world affairs, regional studies, and cultural awareness. The course delves into history, geography, religions, languages, culture, political systems, economics, social issues, environmental concerns, and human rights. It looks at major events and significant figures that have shaped each region. Throughout the course, there are readings, video segments, hands-on activities, other optional activities, technology enrichment, and assessments to guide in the reinforcement of the materials.

Leadership Education 200: Communication, Awareness, and Leadership 2 nd Ed. Leadership Education 200: Communication, Awareness, and Leadership, Second Edition, is a customized course designed to improve communication, enhance awareness of self and others, and provide fundamentals of leadership and followership. The course focuses on the Air Force Junior Reserve Officer Training Corps (AFJROTC) mission to "develop citizens of character dedicated to serving their nation and community." Woven throughout is the underlying theme of developing personal integrity. The course also emphasizes leadership and values such as service and excellence.

SEMINARY RELEASE TIME

O credit

This course is a parent release allowing students to attend an outside religion class.

PHYSICAL EDUCATION ELECTIVES

CHEERLEADING (by audition only)
1.0 credit

DRILL TEAM (by audition only)
1.0 credit

ADVANCED P.E. FOOTBALL WEIGHTS

.50 credit

Class will include aerobic and anaerobic training and conditioning specific to WHS football teams.

ADVANCED P.E. BASEBALL (COACH APPROVAL PRIOR)

.50 credit

This course is for members of the WHS baseball team and includes a try out.

ADVANCED P.E. SOFTBALL (COACH APPROVAL PRIOR)

.50 credit

This course is for members of the WHS girls' softball team and includes a try out.

GIRLS' WRESTLING WEIGHTS

BOYS' WRESTLING WEIGHTS

GIRLS' BASKETBALL

BOYS' BASKETBALL

WEIGHT TRAINING

.50 credit

This class is designed for students to tone, shape, and strengthen. Class is individually oriented. This course is designed for those with little or no experience in weight training. In this class, students will learn how to structure a workout toward individual goals and needs. Students will learn lift techniques, using free weights and machines, to perform upper and lower body lifts necessary to develop muscular strength and endurance. Circuit training and set/repetition system weight training will be introduced and demonstrated during this course.

YOGA

.50 credit

Yoga is an ancient practice that has been around for thousands of years. In this class you will learn to breathe correctly, be mindful, and practice postures of Astanga yoga. You will also become stronger, more flexible, and more in balance. We will work on positive habits such as journaling, proper nutrition, self-reflection, self-control, and positivity. You will be graded heavily on class participation, so attendance is crucial.

All dance classes under art may also count toward elective PE credit.