



# RMMS Course Catalog



## Elective Courses:

**6th Grade Elective Classes:** Students will be able to select 2.5 credits in electives. At least 0.5 credit must be a Music Elective.

**7th Grade Elective Classes:** Students will be able to select 2.5 credits in electives. At least 0.5 must be an Art or Music Elective.

**8th Grade Elective Classes:** Students will be able to select 2.5 credits in electives. At least 0.5 credit must be an Art or Music Elective.

**Dual Immersion Students** will be able to select 1.0 credits in electives. The Art/Music Elective requirement will be waived.

**1.0 Credit = Full Year Course**

**0.5 Credit = ½ Year Course**

## ARTS

**Beginning Band-Brass (6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> Grade) 1.0 credit class:**

- What do you get when you drop a tuba down a mine shaft?
- A flat minor.

If you didn't understand that joke, then you should take Beginning Brass Band. When you do, you'll realize that the joke isn't really all that great, but the class is! Beginning Brass Band is a year-long class for students who have little to no experience playing a brass instrument (*trumpet, trombone, euphonium*). The class will focus on basic sound production and note reading. Students will have 3-4 after school concerts throughout the year showcasing what they have learned. Practice outside of class is expected for success. Students are expected to provide their own instruments. The school has a small inventory of instruments that can be rented depending on student need.

**\*\*Class Fee**

**Beginning Band-Woodwinds (6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> Grade) 1.0 credit class:** Musicians, assemble! Conquer evil by learning to play an instrument! This year-long class is for all students who have little to no experience playing a woodwind instrument (*flute, clarinet, saxophone*). The class will focus on basic sound production and note reading. Students will have 3-4 after school concerts throughout the year showcasing what they have learned. Practice outside of class is expected for success. Students are expected to provide their own instruments. The school has a small inventory of instruments that can be rented depending on student need. **\*\*Class Fee**

**Group Guitar (6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> Grade) 1.0 credit class:** This one-semester class is designed to teach students the basics of how to play notes and chords on the guitar and learn to read basic music notation. Students will have 1-2 after school concerts throughout the semester showcasing what they have learned. Practice outside of class is expected for success. Students are expected to provide their own instruments. The school has a small inventory of instruments that can be rented depending on student need. **\*\*Class Fee**

**Percussion 1 (6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> Grade) 1.0 credit class:**

True or False: Sometimes it can be educational to hit things.

Answer: True!...when you are enrolled in Percussion!

This year-long class is for all students who want to learn to play percussion instruments (snare drum, bass drum, timpani, mallet instruments, and more). The class will focus on beginning percussion techniques for pitched and non-pitched percussion instruments. Students will have 3-4 after-school concerts throughout the year showcasing what they have learned. Practice outside of class is expected for success. Students are expected to provide a stick bag with appropriate sticks and mallets. **\*\*Class Fee**



## RMMS Course Catalog



**Percussion 2 (7th and 8th Grade) 1.0 credit class: Prerequisite - 1 year of percussion, band, orchestra, guitar, or instructor approval.** In this year-long class, students will learn intermediate-to-advanced percussion techniques for pitched and non-pitched percussion instruments. Percussion 2 musicians perform with the band classes and as a separate percussion ensemble. This class will have 4 or more after school concerts throughout the year showcasing what they have learned. Practice outside of class is expected for success. Students are expected to provide a stick bag with appropriate sticks and mallets. **\*\*Class Fee**

**Symphonic Band (7th and 8th Grade) 1.0 credit class: Prerequisite - 1 year of band or instructor approval.** This year-long class is for all woodwind and brass instruments (percussionists should enroll in Percussion 1 or 2). The class will focus on intermediate-to-advanced performance techniques. Students will have 4 or more after school concerts throughout the year showcasing what they have learned. Practice outside of class is expected for success. Students are expected to provide their own instruments. The school has a small inventory of instruments that can be rented depending on student need. **\*\*Class Fee**

**Orchestra Beginning (6th, 7th, and 8th grade) 1.0 credit class:** Join the orchestra family and find your friends for life! In this class, students can choose to learn either the violin, viola, bass, or cello. Students will learn basic note reading and rhythms, and will have 3 afterschool concerts throughout the year showcasing what they have learned. By the end of the year, students will be able to play their one octave scales (D, G, A, C), perform songs using mostly the D and A strings, and perform music at the Grade 1 level. Students are expected to provide their own instrument. The school has a small inventory of secondary instruments (violin and viola) that can be rented out to students depending on need. Cellos and Bases can be rented through the school for use at school. **\*\*Class Fee**

**Orchestra Intermediate (7th and 8th grade, 6th with instructor approval) 1.0 credit class: Prerequisite Beginning Orchestra or Instructor Approval.** Continue developing your string instrument skills alongside your friends! Participation in Beginning Orchestra is required to be eligible for this class (rising 6th graders who have taken private lessons may reach out to Mrs. Scott at [brooke.scott@wasatch.edu](mailto:brooke.scott@wasatch.edu) for an audition for Intermediate Orchestra). Practice outside of class is expected for success. Students will have 3-4 afterschool concerts throughout the year. By the end of the year, students will be performing music at the Grade 2 level. Students are expected to provide their own instrument. **\*\*Class Fee**

**Orchestra Advanced (7th and 8th grade, instructor approval) 1.0 credit class: Prerequisite Intermediate Orchestra or Instructor Approval.** Represent the school and play at a high level in Advanced Orchestra! Advanced Orchestra performs at our feeder elementary schools, as well as participates in String Festival each year. Other school day field trips/performances are possible. Advanced Orchestra will also have 4 afterschool concerts (one per term) that are mandatory. By the end of the year, students will be performing music at the Grade 3 level. Practice outside of class is expected for success and taking private lessons is recommended. Students are expected to provide their own instrument. **\*\*Class Fee**

**Mixed Chorus Beginning (6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup>) 0.5 credit class:** Join the Choir clan! In Beginning Mixed Chorus, students learn to embrace their singing voice. They learn basic music skills such as note reading and rhythms. Come build friendships and meet new friends in choir. There will be 1-2 performances per semester. **\*\*Class Fee**

**Mixed Chorus Advanced (7th-8th grade) 0.5 credit class: Prerequisite Mixed Chorus Beginning or Instructor Approval.** Did you love Beginning Chorus? Do you want to continue developing your skills as a singer and represent the school at performances on the Heber Creeper, with Wasatch High School Choirs, and at our feeder elementary schools? Join us for Mixed Chorus! In this class, we will dive deeper into vocal technique and work on developing our musical ear.



## RMMS Course Catalog



We will learn how to sing songs with 2, 3, or sometimes 4 part harmony. Students are recommended to take this class both semesters, but if schedule conflicts arise, they can participate for just one semester. **\*\*Class Fee**

**General Music (6th, 7th and 8th grade) 0.5 credit class:** This class is for any students, regardless of having a music background or not. Everyone loves music! This class explores basic music in vocabulary, theory, history, and basic music performance. If you are interested in joining band, orchestra or choir, this class may prepare you for these classes for the following year. **\*\*Class Fee**

**Drama 1 (6th, 7th and 8th grade) 0.5 credit class:** Drama 1 will introduce speaking and performing techniques to enhance the student's understanding of voice, stage presence, and basic acting skills. Our goal is to help them be confident and comfortable speaking and performing in front of an audience. Activities include commercials, skits, monologues, pantomimes, scenes, and improvisation. All performances are done in class. \*This class serves as the prerequisite for Drama 2.

**Drama 2 (7th and 8th grade) 0.5 credit class:** Prerequisite - Drama 1 and Teacher approval. This class is a continuation of Drama 1 where students will take the fundamentals of theater/acting and apply them to the stage through performance. Participation in the class productions is required of all who take the class. This is an acting only class. No singing required. This class will put on the school play, which will be performed in the evening for an audience. **\*Class may be taken more than once. \*\*Class Fee**

**Stage Crew (7th and 8th grade) 0.5 credit class: (By application only)** Students will learn the different roles of stage crew production. Design, set construction, props, costumes, light, and sound. Students need to be very dependable, hardworking, trustworthy, and willing to be at night performances of Drama 2 class. Students in stage crew will help run the school play. **\*Class may be taken more than once. \*\*Class Fee**

**Dance 1 (6th, 7<sup>th</sup>, 8th grade):** Dance 1 will consist of ballet, jazz, modern, contemporary, improvisation, and choreography. Daily routines will consist of warm-ups, across the floors and choreography. All levels of dancers are welcome. **\*This class serves as the prerequisite for Dance 2.**

**Dance 2 (7th and 8th Grade):** Prerequisite - Dance 1 and teacher approval. Dance 2 is a continuation from Dance 1. This class will move faster and involve technique and choreography in ballet, lyrical, jazz, contemporary, props, improvisation, and choreography. Daily routines will consist of warm-ups, across the floors and choreography. **\*Class may be taken more than once.**

**Art Foundations (6th, 7<sup>th</sup>, 8th Grade) 0.5 credit class:** Art Foundations is an introductory course that covers essential art and design concepts. Students will work with a wide range of materials, including charcoal, oil pastel, watercolor, acrylic, and graphite, as well as 3D mediums. The class focuses on exploring the elements of design — shape, line, color, texture, value, and space — through diverse arts and craft projects. This course is ideal for students new to art and serves as a foundation for choosing future art classes. It is open to all grade levels but is particularly beneficial for beginners. **\*\*Class Fee**

**Advanced Art (7<sup>th</sup> and 8th Grade) 0.5 credit class:** Advanced Art is designed for 7th and 8th graders who are ready to expand their artistic skills and explore more advanced art techniques. This course builds on the elements of art— shape, line, color, texture, value, and space—while introducing classical methods and more complex art processes. Students will work with a variety of painting and drawing mediums and are expected to demonstrate a strong foundation in art. This class is best suited for students with prior art experience who are seeking a challenge.

**\*\*Class Fee**



## RMMS Course Catalog



**Painting (6<sup>th</sup>, 7<sup>th</sup>, 8th Grade) 0.5 credit class:** In Painting, students will explore watercolor and acrylic techniques while developing an understanding of the elements of design. They will learn to apply shape, line, color, texture, value, and space through various painting projects. This class emphasizes hands-on practice, creative thinking, and proper use of materials. Students will spend most of their time preparing, sketching, and painting creative ideas. This course is suitable for *all* students and provides a fun, engaging introduction to painting. **\*\*Class Fee**

**Intro to Graphics (6<sup>th</sup>, 7<sup>th</sup>, 8th Grade) 0.5 credit class:** Students are invited to learn to use the digital tools of Procreate to turn inspiration from the world around them into captivating digital illustrations on their iPad. In this course, students will embark on a creative journey that combines the best of the traditional art concepts with modern digital tools. They will also learn, create, and explore the future of commercial art and design. Bring your imaginative ideas to life on your iPad! **\*\*Class Fee**

**Drawing (7th and 8th Grade) 0.5 credit class:** Prerequisite - In Drawing, students will explore a variety of materials, including graphite, oil pastels, and charcoal. They will apply the elements of design — shape, line, color, texture, value, and space — to create realistic and imaginative works of art. This class introduces techniques to improve drawing skills, with a focus on shading, proportion, and perspective. While it may be challenging for students without prior art experience, by the end of the semester, students typically demonstrate significant growth in their drawing abilities. **\*\*Class Fee**

**Pottery (7th and 8th Grade) 0.5 credit class:** In this class, students will learn the basics of creating art with clay. They will learn hand-building techniques as they create meaningful projects. Students will also learn how to go through the artistic process of developing functional clay art pieces, glazing them, and firing them in the kiln. **\*\*Class Fee**

### Career and Technical Education (CTE)

**Journalism (6<sup>th</sup>, 7<sup>th</sup>, 8th Grade) 0.5 credit class:** In this class, students will be creating a bi-weekly newspaper for RMMS. This digital newspaper requires interviewing other students, taking pictures to accompany the article, the ability to work in groups, stay on task, and good writing skills. Students don't need to be perfect at writing, but they will be required to write. If students come with a great attitude, they will be taught the skills needed to be a successful journalist!

**Intro Ag Science (7th and 8th Grade) 0.5 credit class:** The Intro to Ag Science course introduces students to agricultural course options at the high school. This course will cover a variety of topics from the FFA, agricultural careers, animal anatomy, judging livestock, designing and building blueprints, horticulture, dissections of specimen(s), land management, and much more. **\*\*Class Fee**

**Intro to Technology (6th Grade) 0.5 credit class:** This engineering exploration class focuses on creative design and problem solving. Students will explore technology and engineering through the areas of transportation, manufacturing, communication, construction and energy/power. Possible learning activities would include solar ovens, 3-D modeling and printing, Tiny Homes, Scribblebots, balsa bridges, reverse engineering, rocketry, Walk-A-Long Flight, Beakman Motors and artificial arms. **\*\*Class Fee**

**Exploring Tech II (7th and 8th Grade) 0.5 credit class:** Prerequisite - Exploring Tech I. Tech II is a course following Tech I, which provides hands-on learning in the areas of communications, construction, manufacturing and energy/power technologies. Possible design challenges & activities would include CO2 dragster, candy dispenser, 3D modeling/design, golf-ball launching device, fast track game design, 3-D starter home design, mechanical push toy, Vex IQ Robotics, ringmaster challenge and Arduino micro controllers. **\*\*Class Fee**



## RMMS Course Catalog



**Intro to FACS (6th Grade) 0.5 credit class:** In 6th grade Intro to FACS, we learn many life skills. We learn some basics about food and nutrition and practice cooking. We learn about safety and childcare as well as relationships. We learn how to thread a sewing machine and use it. Get excited to explore many life skills hands-on! **\*\*Class Fee**

**FACS Sewing and Interior Design (7th and 8th Grade) 0.5 credit class:** Prerequisite- Intro to FACS, CCA with Ms. Brock, or instructor approval. In FACS Sewing and Interior Design, we delve into interior design and learn basic skills to beautify a home. We look at images and learn what interior design styles we like and dislike and decide what would make a space more inviting. We also learn basic sewing skills including threading and operating a sewing machine, cutting out a pattern, and creating projects from scratch. **\*\*Class Fee**

**FACS Cooking & Nutrition (7th and 8th Grade) 0.5 credit class:** In FACS Cooking, we learn about food safety and sanitation, culinary techniques, food selection, and health and nutrition. Most of all, we learn about cooking by having lots of hands-on time in the kitchen! **\*\*Class Fee**

**Yearbook (8th Grade) 1.0 credit class: (By application only)** This class is a communication skills-based class that helps develop communication skills in a real world setting by creating our school Yearbook! Students spend almost all of the time together working in groups, organizing and developing every aspect of the Yearbook. This class teaches communication skills through group collaboration, while also providing unique opportunities for students to work with real life publishing companies. Students learn the importance of teamwork, and personal accountability while meeting hard deadlines. This class will also spend time working on photography and graphic design aspects of communications. **\*\*Class Fee**

**Introduction to Film 1 (6th, 7th and 8th Grade) 0.5 credit class:** Students will learn the skills of using the camera and the importance of good quality audio. Using Final Cut Pro X will be the editing software that students will be efficient at using this program. Teaching some story structure so the quality of videos created will be entertaining and fun to watch. Students will be introduced to Productioncrate.com where they will learn to use visual and sound effects. The goal of this class is to make video projects that will be creative and technically sound in camera, audio, and editing. We will introduce several career paths in the filmmaking industry as well. **\*\*Class Fee**

**Intro to Film 2 (7th and 8th Grade) 0.5 credit class:** Prerequisite - Intro to Film and a good track record of trustworthiness and being responsible. Students will take the knowledge they received from Film 1 and use these skills to enhance their projects by using the DSLR cameras. We will teach camera settings and how the camera can help tell their stories by properly selecting shots, angles, and movement. The goal of this class is to get students to be organized and to be most efficient when making projects. They will work with their peers and strive to learn more about Final Cut, story structure, camera, audio, lighting, wardrobe, props, and other elements of filmmaking. A short film opportunity may be offered for students to participate in, and this film may be submitted into a national film festival competition. This course will also prepare students to join Grizzly News. **\*\*Class Fee**

**Beginning TV Broadcasting/Desktop Publishing (8th Grade) - Grizzly News 0.5 credit class: (By application only)** Students will learn how to brainstorm, use cameras, edit film, and ultimately produce videos which have a message. In this course, students will be responsible for producing the Grizzly News.

**Sports Marketing (6th, 7th and 8th Grade) 0.5 credit class:** This is an introductory course that will help students develop a thorough understanding of the marketing concepts and theories that apply to sports and sporting events. The areas this course will cover include basic marketing, target marketing, sponsorship, event marketing, promotions, sponsorship proposals, and sports marketing plans. This course helps those who love sports to be able



## RMMS Course Catalog



to connect how sporting events and the business world work together. Come with a strong stomach for sports and a fun attitude. Who wouldn't want to be around sports all day?

**Business and Marketing:** Welcome to the exciting world of business and marketing! In this class, you'll learn about advertising, branding, and how businesses succeed. Get ready to have fun brainstorming ideas, working on projects, and exploring what it takes to make it in the business world! We'll examine both service-based and product-based businesses to gain a comprehensive understanding of their distinct facets. If you have a dream of one day owning your own business, this class is for you!

**STEM (7<sup>th</sup> and 8<sup>th</sup> Grade) 0.5 credit class:** STEM stands for Science Technology Engineering & Math. The objective of this course is to explore careers in these associated fields, learn technical skills and thought applications. Students who are enrolled in this course will be working with computers, learning basic technical skills such as measuring lengths and mass, solving engineering problems and exploring their own personal interests as it relates to STEM. Students will be assigned various projects that will be worked on during class time. This will be required in 6<sup>th</sup> and 8<sup>th</sup> grade, and offered as an elective in 7<sup>th</sup> grade. **\*\*Class Fee**

**Archery (6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> Grade) 0.5 credit class:** The Archery class is designed to teach students the fundamentals of Archery. Students will learn proper shooting techniques, safety and the 11 steps to archery success. Students will be taught principles of NASP (National Archery in the Schools Program) and be allowed opportunities to prepare for and participate in state and national archery tournaments. **\*\*Class Fee**

**Yoga Fitness (6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> Grade) 0.5 credit class:** The goal of Physical Education is to develop healthy, responsible students who have the knowledge, skills, and dispositions to work together in groups, think critically, and participate in a variety of activities that lead to a lifelong healthy lifestyle. Yoga fitness is a class in which students will learn to have better balance and flexibility while increasing muscular strength and cardiovascular health. In this class, students will be actively participating in yoga, physical workouts, games, and walking. **\*\*Class Fee**

**Fitness for Life (7<sup>th</sup> and 8<sup>th</sup> Grade) 0.5 credit class:** Lifetime Fitness is a class for students who wish to participate in physical activities that can generally be pursued throughout one's lifetime. In addition, students will learn basic techniques and safety guidelines that should be followed when exercising. 7<sup>th</sup> and 8<sup>th</sup> grade students will fully dress out and participate in physical activities of a more social, individual, and fitness type. Physical activities can include swimming, running/walking, yoga, pickle ball, badminton, ultimate Frisbee, Frisbee golf, golf, horseshoes, golf, bocce ball, can-jam, and fitness workouts. **\*\*Class Fee**

**Team Sports (7<sup>th</sup> and 8<sup>th</sup> grade) 0.5 credit class:** Team sports support social interaction and encourage individuals to think with a team perspective. Playing a sport as part of a team requires persistence, patience, and practice — all of which can translate into important life lessons. 7<sup>th</sup> and 8<sup>th</sup> grade Students will fully dress out and participate in fast paced and more competitive physical activities in team sports like basketball, softball, baseball, soccer, flag-football, speedball, Lacrosse, Hockey, volleyball, track and field, ruby, and volleyball

### Foreign Languages

**Intro to Spanish (6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade) 0.5 credit class:** This is a half year class that will introduce you to the Spanish language. You will learn things like the alphabet, colors, numbers, and some basic conversation words and phrases all in Spanish. You will also learn about the culture of different Spanish speaking countries as you participate in some of their celebrations.



# RMMS Course Catalog



**Spanish 1 (7th and 8th Grade) 1.0 credit class:** This is an introductory course to the Spanish language. This is part of the high school Spanish program that prepares students for Spanish 2, setting you on the path to becoming bilingual. Students will begin to grasp many important fundamental concepts about the Spanish language that is becoming ever more important in today's society.

## Social Studies

**Latinos in Action (6th, 7th and 8th Grade) 1.0 credit class:** By application only The purpose of Latinos in Action is to achieve academic excellence, learn career awareness and planning and develop social and cultural identity, while serving younger students as role models, mentors and tutors. **\*\*Class Fee**

**DLI Spanish Culture, History, and Media (6th, 7th and 8th Grade) 0.5 credit class:** Must be bilingual in Spanish and English. This course builds skills in cultural-linguistic competencies necessary for successful communication with native speakers (reading, writing, speaking, and listening). Students utilize media and authentic texts to discuss the diverse cultural products, practices, and perspectives of the Spanish-speaking world.

**Student Government (7th and 8th Grade) 1.0 credit class: (By application only)** Students will serve as the leaders of the school's student population. Students will engage in work that develops positive attitudes amongst the student population; promote harmonious relations throughout the entire school; improve school morale and general welfare; and plan special events or projects. **\*\*Class Fee**

**Honors Literature (6<sup>th</sup>, 7<sup>th</sup> Grade) 1.0 credit class:** Honors Literature Experience is designed to prepare your student for 8<sup>th</sup> grade Pre-AP English. We follow the principles of Pre-AP, which are close observation and analysis, evidence-based writing, higher-order questioning, and academic conversation. This course will offer many different readings to your student as we explore different genres and analyze complex text through conversation and writing.

**Pre AP Geography (8<sup>th</sup> Grade) 1.0 credit class:** Pre-AP World History and Geography is an engaging exploration of global narratives and geographical dynamics. Through this course, students delve into the interconnectedness of civilizations and the evolving landscapes of human societies. By critically analyzing historical evidence and geographical data, students develop the skills of inquiry and argumentation essential for understanding the complexities of our world. Emphasizing the dynamic nature of history and geography, students are encouraged to challenge assumptions and construct informed perspectives. With a focus on evaluating evidence, understanding causal relationships, and effectively communicating findings, students gain valuable tools for academic success and civic engagement.

## Service Classes

**Office Aide (7th and 8th Grade) 0.5 credit class: (By application only)** Office aides play a critical role in helping the office staff, administration, and counseling team run more efficiently. Students will need to be self-motivated, be able to follow directions, and complete tasks efficiently. This class offers a great opportunity to see the school in a completely new light and some of the "behind the scenes" action that help make RMMS run strong.

**Peer Tutor (7th and 8th Grade) 0.5 credit class: (By application only)** Students will be working under the direction of Ms. Gray, who is the Special Needs teacher. She will assign the peer tutors various tasks to help her students function throughout the day. Peer tutors may be assigned to go with a student to their class and help with homework and organization or stay in Ms. Gray's class. It's a great opportunity for students to help their peers and develop new relationships in the school.



## RMMS Course Catalog



**Academic Aide, Tutoring for a single teacher (7th and 8th Grade) 0.5 credit class: (By application only)** You will be allowed to be a Peer Tutor and participate in one of the other "Specialty Classes." If you excel in math, English, history and/or science, you can apply to be an aide in one of these classes. You will be working under the direction of a teacher and assisting students with assignments, labs, and other tasks as needed.

### Supplemental / Support Classes

Sixth, Seventh and Eighth grade students are selected through the analysis of very specific criteria for placement into these classes. Parents will be contacted if their student qualifies for a supplemental class. Students are encouraged to remain in a supplemental class until they have acquired the skills that they need to be successful without the additional support.

**Numeracy Math (7<sup>th</sup> and 8<sup>th</sup> Grade) 0.5-1.0 credit class:** This class is an "addition to" class. Which means students would have a regular math class with this class as an additional support a different period. They will learn grade level material in the regular class and utilize the support class to either catch up on previous skills missed or pre-teach skills required for upcoming units in the regular class.

**Reading Support (6th, 7th and 8th Grade) 0.5-1.0 credit class:** This class is an "addition to" class. Which means student would have a regular English class with this class as an additional support a different period. They will learn grade level material in the regular class and utilize the support class to either catch up on previous skills missed or pre-teach skills required for upcoming units in the regular class.